

Rhydaman/Ammanford - Cwmaman

drwy/via Bro Ryan - Heol Folland/Folland Road - Maesybedol - Twyn

Gwasanaeth/Service 145/146

Yn weithredol/Effective from 07/12/2009

Dydd Llun i ddydd Sadwrn (oni nodir fel arall) • Monday to Saturday (unless shown otherwise)

First Cymru

Rhif y Gwasanaeth/Service No. am/pm	⌘ 145 am	⌘ 145 am	⌘ 145 pm	Rhif y Gwasanaeth/Service No. am/pm	⌘ 146 am	⌘ 146 pm	⌘ 146 pm	⌘ 146 pm
Rhydaman/Ammanford, Gorsaf Fysiau/Bus Stn	9.00	11.00	1.00	Rhydaman/Ammanford, Gorsaf Fysiau/Bus Stn	10.00	12.00	2.00	4.20
Carregaman, gyferbyn/opp Wilkinsons	9.02	11.02	1.02	Carregaman, gyferbyn/opp Wilkinsons	10.02	12.02	2.02	4.22
Glanaman, Bro Ryan	9.11	11.11	1.11	Glanaman, Bro Ryan	10.11	12.11	2.11	4.31
Glanaman, Sgwâr/Square	9.13	11.13	1.13	Glanaman, Sgwâr/Square	10.13	12.13	2.13	4.33
Garnant, Heol Ysgol Newydd/New School Road	9.15	11.15	1.15	Cwmaman, Heol Aman lloches/shelter	10.16	12.16	2.16	4.36
Garnant, Sgwâr/Square	9.17	11.17	1.17	Glanaman, Heol Folland/Folland Road	10.18	12.18	2.18	4.38
Garnant, Heol Dynefor Road	9.19	11.19	1.19	Garnant, Maesybedol	10.22	12.22	2.22	4.42
Garnant, Sgwâr/Square	9.21	11.21	1.21	Twyn, Sgwâr/Square	10.26	12.26	2.26	4.46
Twyn, Sgwâr/Square	9.23	11.23	1.23	Garnant, Sgwâr/Square	10.27	12.27	2.27	4.47
Garnant, Maesybedol	9.27	11.27	1.27	Garnant, Heol Dynefor Road	10.29	12.29	2.29	4.49
Glanaman, Heol Folland/Folland Road	9.30	11.30	1.30	Garnant, Sgwâr/Square	10.31	12.31	2.31	4.51
Cwmaman, Heol Aman lloches/shelter	9.33	11.33	1.33	Garnant, Heol Ysgol Newydd/New School Road	10.34	12.34	2.34	4.54
Glanaman, Sgwâr/Square	9.35	11.35	1.35	Glanaman, Sgwâr/Square	10.35	12.35	2.35	4.55
Glanaman, Bro Ryan	9.38	11.38	1.38	Glanaman, Bro Ryan	10.38	12.38	2.38	4.58
Carregaman, Wilkinsons	9.47	11.47	1.47	Carregaman, Wilkinsons	10.47	12.47	2.47	5.07
Rhydaman/Ammanford, Gorsaf Fysiau/Bus Stn	9.51	11.51	1.51	Rhydaman/Ammanford, Gorsaf Fysiau/Bus Stn	10.51	12.51	2.51	5.11

First Cymru, Heol Gwyrosydd, Penlan, Abertawe/Swansea SA5 7BN. Ffôn/Phone 01792 572 255. www.firstgroup.com

⌘ Yn gweithredi ar ran Cyngor Sir Caerfyrddin • Operates on behalf of Carmarthenshire County Council

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Noder taw'r amserau gadael rhestredig yw'r amserau a ddangosir ac mae'n bosibl yr effeithir arnynt gan amgylchiadau na fu modd eu rhagweld, megis amodau traffig, tywydd gwael, neu resymau eraill. Cynghorir teithwyr i fod yn yr arhosfan cyn yr amser gadael a hysbyseb. Gwenir pob ymdrech i sicrhau fod y wybodaeth uchod yn gywir, ond gall manylion newid ar fyr rybudd. Cynghorir teithwyr i sicrhau manylion y daith cyn teithio. Nid yw'r Cyngor Sir na'r cwmnïau bus yn gallu derbyn cyfrifoldeb am unrhyw gamgymeriadau neu newidiadau hwyr.

Please note that times shown are scheduled departure times, which may be affected by unforeseen circumstances such as traffic conditions, adverse weather conditions, or other reasons. Passengers are advised to be at the stop in advance of the advertised departure time. Every effort is made to ensure that the above information is correct, but details may change at short notice. Passengers are advised to check journey details before travelling. Neither the County Council nor the bus operators can accept responsibility for any inaccuracies or late alterations.

Am help i drefnu eich taith • For help to plan your journey

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Dydd Llun - ddydd Gwener, oriau swyddfa - Monday to Friday, office hours

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