



## Llyn Llech Owain Country Park Children's School Holiday Activities 2010

**Thursday 22<sup>nd</sup> July 2 p.m. – 3.30 p.m.**

**'Fun and games in the great outdoors'** Not a computer game or TV in sight just some good old fashioned outdoor fun and activities with John Neary. Wear old clothes.

**Thursday 29<sup>th</sup> July 2 p.m. – 3.30p.m.**

**'Environmental Art'** Get creative with some natural materials found at the park. Create an outdoor 'gallery' of stunning art features, no previous artistic flair required!

**Thursday 5<sup>th</sup> August 2 p.m. -3.30 p.m.**

**'Step back in time'** Discover how your great great grandparents may have lived here on the heathland. Find out how hard life was then and have a go at some traditional activities such a broom making, boot throwing as well as trying some 'tastes of the heathland'. Involves a mile walk to starting location.

**Thursday 12<sup>th</sup> August 2 p.m. – 3.30 p.m.**

**"Pond life"** Come and see the amazing variety of life found beneath the surface of our pond. Find out how the animals are adapted to their watery way of life. All equipment provided. Wear Wellingtons if possible. Bring a change of clothes!

**Thursday 19<sup>th</sup> August 11a.m. – 2 p.m.**

**'Bushcraft Lunch'** If you are a budding Ray Mears join us in the woods for a campfire lunch and learn some new skills at the same time. Bring a blunt knife, unbreakable mug and bowl per child. 11 a.m. start. **Strictly advance bookings only**, numbers will be limited. £2 per child to cover ingredients. Please book at least 10 days beforehand. No dogs or children under 7 years please.

**Thursday 26<sup>th</sup> August 2 p.m. – 3.30 p.m.**

**'The Great Nut Hunt'** Visit a little known part of the park to check our Dormouse boxes, hair tubes and humane mammal traps with an expert. Learn about these cute but elusive animals, take part in the national 'Great Nut Hunt', see some other small mammals (hopefully) and make a clay impression of a dormouse to take home.

**Thursday 28th October 2- 3.30 p.m. (Family activity for October half term)**

**'Practical conservation task'** Wear your oldest clothes and wellies to help us do some wet and muddy pond maintenance. Great fun for all ages. Bring a change of clothes to go home in!

All activities are aimed at adventurous 7 – 12 year olds. Meet us outside the new buildings adjacent to the café. All children must remain accompanied throughout by an adult. Advance booking is required for some activities – please book as early as possible. Please wear suitable outdoor clothing as activities are only cancelled in very poor weather conditions. . For further information phone the rangers on 01269 832229 (answer phone)