

Dragon Sport Mini-Decathlon

A total of 550 children from 55 primary schools took part in 8 local events throughout the county, culminating in 10 schools attending the final event held at Ysgol Bro Myrddin, Carmarthen on Thursday 11th March 2010.

The schools who won the local events were Ysgol Bro Banw (Amman Valley) Nantgaredig (Carmarthen), Pontyberem (Gwendraeth), Cae'r Felin (Newcastle Emlyn), Lakefield (Llanelli West), Griffiths Jones (St Clears), Dewi Sant (Llanelli), Llangadog and Gallop Prep (Llandovery) and Ffairfach (Llandeilo).

At the final event, Ysgol Dewi Sant in Carmarthen managed to accumulate the most points to become overall county winners. The school has now received 3 pieces of athletics equipment, a balance test, indoor javelins and a speed bounce to further develop their Dragon Sport Club.

Alison Siggery – Dragon Sport Development Officer – said, “I am extremely pleased with what the Mini-Decathlon programme has achieved overall. The main focus of the Mini Decathlon was to get as many children as possible involved in fun, quality sporting athletic activities.

The event was a huge success, in result to our 5 x 60 officers across Carmarthenshire for providing us with the school facilities in order to run the event, and the commitment and dedication of the secondary school pupils and volunteers that gave up their time to help support us with the activities.

Pupils were given details of athletics clubs in their area to encourage them to take up the sport and become more active.

Alison said ‘this is a great way of promoting local clubs and to get children more active more often’.

If you have an hour or two to spare each week as a Dragon Sport volunteer, please contact Mari-Ann Jones or Hilary Jones on 01554 744350.