

New athletics club for young dragons

Around 400 primary school pupils have been put on the right track to athletics in Llanelli.

To kick start interest, Carmarthenshire Council's Dragon Sport officers held an athletics fun day at the Pemberton track for 10 local primary schools.

A new Dragon Sport community athletics club for children in school years three and four (aged 7-9) was launched in partnership with Llanelli Athletics Club just weeks ago.



Picture: Dragon Sport officer Hilary Jones with pupils from Pwll Primary School.

Carmarthenshire Council's Dragon Sport officers have teamed up with Llanelli Athletics Club to provide children the opportunity to participate in regular fun athletics activities, and follow in the footsteps of athletes like Dai Greene.

Before setting up the Dragon Sport club, the athletics club only catered for children aged nine and over.

Hilary Jones, Dragon Sport officer, commented:

“The athletics’ day was a chance for the children to try out activities on the track and make them feel a bit more comfortable using the facilities and equipment.

“All the activities were based around Dragon Sport to get them running, throwing and jumping - things that will be mirrored in the club.

“It was a chance for us to tell the youngsters a bit more about the new club and encourage them to give it a try.”

Yasmin Thomas, aged eight, from Pwll Primary School said:

“I really enjoyed all the activities and I’ve learned new things as well. I enjoyed throwing the balls and the hopping game.”

Dragon Sport is a national scheme funded by Sport Wales and administered locally by Carmarthenshire Council's Sports Development Unit.

The scheme gives young people the chance to participate in eight core sports at school - football, rugby, cricket, tennis, netball, hockey, athletics and golf.

The key aim is to broaden sporting interests outside of PE lessons and teach the basic skills of running, jumping and throwing in a fun and safe environment.

Athletic sessions take place on Wednesdays, 5.30pm - 6.30pm, on the Pemberton athletics track at Parc y Scarlets. The cost of each session is £2.

For further details, please contact Hilary Jones (Dragon Sport Development Officer) on 01554 744350 / HGJones@carmarthenshire.gov.uk or Alistair Griffiths (Llanelli Athletics Club) on 01554 750788 or algrifflanac@talktalk.net.